



LAUNEX LTD

Coaching & Training

Empowering with Clarity & Confidence

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Launex Dementia Care Support Torch

When to Move From Home Care to a Care Home: Knowing the Right Time in Dementia

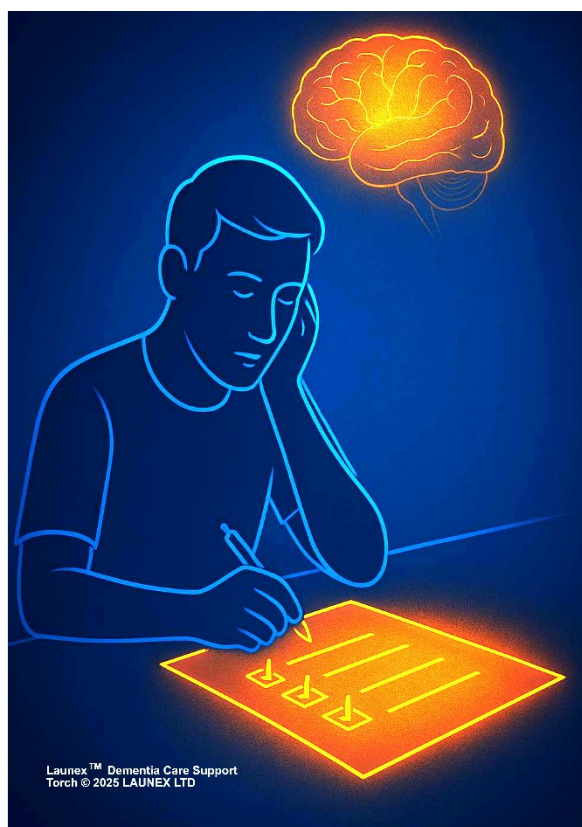
**Knowing a little is not enough
when someone depends on you.**

Each insight connects to the
*Dementia Care & Understanding –
A Family Pathway Course.*

**From First Signs
To End-of-Life
And Beyond**



When to Move From Home Care to a Care Home: Knowing the Right Time in Dementia



Thoughts about long-term care is rarely easy in the dementia journey.

Families often want to focus only on the present, but questions about the future inevitably creep in.

“How long can we manage at home? When is the right time for more support? What happens if care needs become too complex for us?”

These are not easy questions - and there are no simple, one-size-fits-all answers. Planning ahead is not about predicting the future perfectly, but about reducing uncertainty, and avoiding those avoidable potholes. The more you understand the possible pathways, the less likely you are to be forced into rushed decisions during a crisis.

Families often feel torn. Staying at home offers familiarity, but what if safety becomes a concern? Can safety still be managed at home? Do you have to move to a Care Home or Care facility? How long can safe care be provided in your own home? Care Homes and Care facilities can provide 24-hour supervision, but how do you know when to take that step – how do they apply that supervision, which home to trust and what the affordability is?

Beyond care decisions, there are also financial and legal steps that need to be in place early, so that choices remain yours rather than being made by circumstance.

Planning ahead isn't just about care; it's about protecting your options. If you don't know the cost of future care, how can you plan for it? If you don't know your rights, how can you apply for the support you're entitled to? And if you don't know how to legally protect your funding and assets, how will you stop losing them when circumstances change?

The present may already demand much of your time and energy, but leaving the future until later can be the most expensive mistake of all. Once care decisions, costs, or legal responsibilities are in motion, it's often too late to go back and fix what wasn't prepared.

Launex does not replace legal or financial advisors, but we do turn this complexity into simplicity. Our Dementia Care & Understanding – A Family Pathway Course – From First Signs To End-of-Life & Beyond, shows you how to map out future care pathways, understand what to prepare legally and financially, and make confident choices about when and how to transition. We provide you with a pathway that moves from recognising mid-stage needs, to planning for long-term care.



Anybody can do a quick internet search on the cost of dementia care. The question is: what care are you getting for what you are paying for? How are you interpreting that financial figure into care quality and meeting care needs? We all look for fast answers, but if dementia care needs were that simple, you'd already have them.

The truth is, dementia is never straightforward. It affects each person differently. Families deserve more than scattered advice; you deserve a structured, evidence-based pathway built on understanding.

Knowing a little is not enough when someone depends on you. Gain the knowledge of what, where, when, and how — with clarity and confidence. Lives are changed by action, and harmed by an absence of knowledge.

Launex turns complexity into clarity. Our Dementia Care & Understanding – A Family Pathway Course – From First Signs To End-of-Life & Beyond, breaks these terms down in plain language, shows you why the distinction matters, and gives you a clear pathway: from the first signs, to recognising care needs, to knowing who to turn to, what to put in place and when. We provide you with insights before having to move away from home and if you do, what to expect and the right questions to ask.

During the course phases, we guide you through these crossroads and through each phase you will learn more about dementia, the types and the impacts on daily living as dementia progresses:

Phase 2 – Recognising the Early Shifts and Setting Safe Dementia Care Foundations

We focus on recognising and documenting those first signs, understanding the fundamentals of good dementia care, and exploring what kind of early care should be

considered. We also learn to recognise and respond to risks such as neglect or abuse while preparing for professional assessment.

Phase 3 – Navigating the Diagnosis Pathway and Knowing Your Rights

Learn how to prepare for the first GP appointment, understand the dementia diagnosis pathway, and identify the key rights and early legal matters families should focus on from the start.

Phase 4 – Life After Diagnosis: Routines, Wellbeing & Home Adaptations

Once a diagnosis is confirmed, families begin learning what life with dementia really means day to day. This phase focuses on understanding the type of dementia, why it matters, and how to build routines, connections, and a safe home environment that supports wellbeing. It also introduces early legal and financial steps to ensure stability and peace of mind as you move forward.

Phase 5 – Understanding Dementia in the Brain

Through the Launex Dementia Brain Map™ we explore how dementia types and symptoms influence behaviour and daily ability, helping families judge when changing care settings becomes necessary.

Phase 6 – Dementia Progression Explained

Helps families recognise patterns of change, understand how perception and communication evolve, and know what support to put in place as dementia care needs change.

Phase 7 – Behaviour Changes: Calm Responses to Anger, Wandering & Repetition

Behaviour is communication. This phase shows how brain changes drive agitation, wandering, repetition and withdrawal, and teaches steady, empathy-first responses that reduce distress for the person and the family.

Phase 8 – Mid-Stage Transitions & Future Care

Plan the busy middle well: adapt routines and the home, balance safety with dignity, bring in the right carers/equipment, and recognise when home support is no longer enough. Learn how to evaluate and choose care settings and prepare practically and emotionally for a smooth transition.

Phase 9 – Late-Stage, End-of-Life & Beyond

Focus shifts to comfort, sensory connection and presence. Families learn what to expect physically and emotionally, how to work with professionals, and how to protect dignity through the final stage and the first days after.

Call to Action

You do not have to figure it out alone.

✓ Download our next Torch

<https://launexltd.com/resources/torches>

✓ Start your Family Course today and gain the knowledge to support those depending on you.

Enrol directly at:

<https://launexltd.com/courses/dementia-care-course/>

✓ Every situation is unique. For tailored guidance and support, book a personal coaching session:

 coaching@launexltd.com

Read more about coaching here:

<https://launexltd.com/launex-coaching/coaching-overview/>

View our current coaching rates:

<https://launexltd.com/launex-coaching/launex-coaching-rates/>

✓ Free Membership Invitation

Join the *Launex Dementia Support Membership* — Free

Gain access to our Support Library, exclusive tools, and community Q&A designed to help families navigate dementia care with confidence.

Sign up for free today at:

<https://launexltd.com/memberships/dementia-support/>

✓ Upgrade to the Launex Coaching Membership

For families and carers who want personal guidance, the Coaching Membership offers discounted one-to-one sessions, group coaching, and early access to new courses and events.

Learn more or join at:

<https://launexltd.com/memberships/launex-coaching-membership/>

✓ For more information, email info@launexltd.com or visit <https://launexltd.com> to learn more.