

# LAUNEX LTD

## Coaching & Training

Empowering with Clarity & Confidence

2025

### Launex Dementia Care Support Torch

## Understanding Your Rights in Dementia Care: Next of Kin, Consent & Legal Decisions

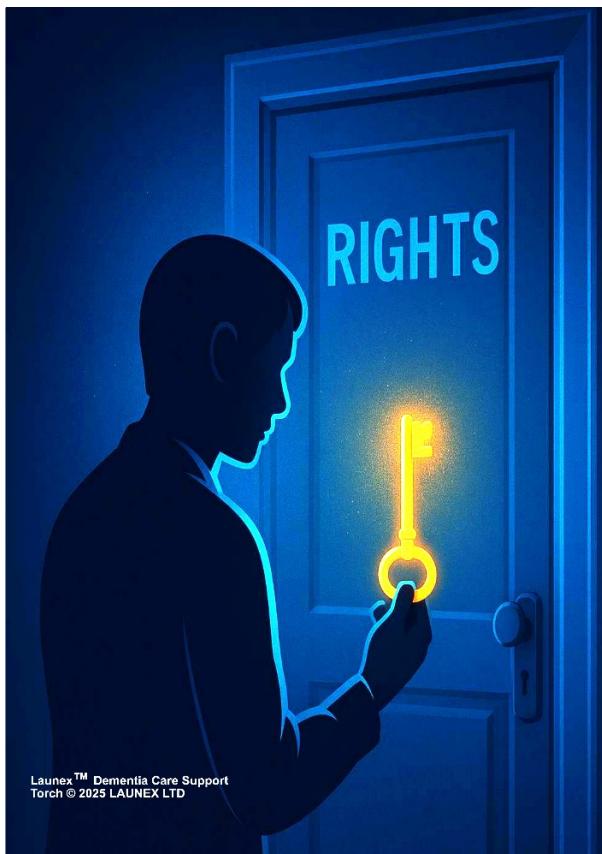
Knowing a little is not enough  
when someone depends on you.

Each insight connects to the  
*Dementia Care & Understanding –  
A Family Pathway Course.*

From First Signs  
To End-of-Life  
And Beyond



## Understanding Your Rights In Dementia Care: Next of Kin, Consent & Legal Decisions



When dementia enters a family's life, rights and responsibilities can feel confusing. Some rights are natural - like the right to dignity and safe care.

Others, however, are not automatic. They must be requested, applied for, or gained through legal or consent-based structures.

Families often assume that being "next of kin" guarantees communication and involvement, but this is not always the case.

Before diving into the specific rights of the person, the family, and carers, it is important to pause and ask: *"what rights do I actually have?"* and *"what do these rights actually mean in practice?"* Some are automatic, but many only exist if you request them, apply for them, or have the right legal authority in place. Understanding this difference is what allows families to be included, protected, and confident in the decisions that follow. Every person has the right to accessible information, respect for their wishes, and safe care. But how are these rights upheld if they can no longer speak for themselves? Families need to consider whether structures are in place to ensure the person's wishes are still respected, and whether providers' interpretation of "safe, good quality care" matches their own.

A spouse or family members may expect to be automatically included in care planning and decision-making. Yet, this isn't always the case. Consent and legal processes often determine whether families can be actively involved or even informed. The key question is: what gives you the right to be included - and what happens if you are excluded?

Family carers also hold rights, but they are rarely automatic. From assessments to financial support, most must be formally requested or applied for. Even training and guidance are not guaranteed unless you seek them out. Families should ask: what am I entitled to as a carer and what must I actively apply for?

Not all care providers are the same. Families should be aware of the legal and practical details involved when arranging care — including payment terms, liability, the scope of services provided, notice periods, cancellation clauses, and any provisional or additional costs. These points affect both quality and continuity of care.

Beyond the legal aspect families should also ask themselves if the provider's definition of person-centred care align with their own? Do you know what type of care and carer is right for the stage your loved one is at? These are crucial questions that influence safety and quality - but often go unasked.

Some rights are natural, but others are only realised when you know the path to follow. Families who don't ask the right questions may miss out entirely. Don't wait until it's too late to act. Once certain decisions or situations are in motion, it can be impossible to go back and fix what wasn't put in place. Knowing your rights early means protecting your loved one, and yourself; before crisis makes the choices for you.

Launex assists families in recognising which rights are automatic, which require consent and those requiring legal structures. We equip you with the knowledge to ask the right questions at the right time.

 Anybody can do a quick internet search on dementia rights and dementia care but these legalities are often not displayed online in detail by care providers, or personalized to your loved ones needs. We all look for fast answers, but if dementia needs were that simple, you'd already have them.

The truth is, dementia is never straightforward. It affects each person differently. Families deserve more than scattered advice; you deserve a structured, evidence-based pathway built on understanding.

Knowing a little is not enough when someone depends on you. Gain the knowledge of what, where, when, and how — with clarity and confidence. Lives are changed by action, and harmed by an absence of knowledge.

Launex turns complexity into clarity. Our Dementia Care & Understanding – A Family Pathway Course – From First Signs To End-of-Life & Beyond, breaks these terms down in plain language, shows you why the distinction matters, and gives you a clear pathway: from the first signs, to recognising care needs, to knowing who to turn to, what to put in place and when.

During the course phases, we guide you through these crossroads and through each phase you will learn more about dementia, the types and the impacts on daily living as dementia progresses:

### **Phase 2 – Recognising what “the right care” really means.**

We focus on the individual, family and carers rights and what to expect from professional carers. We provide you with the knowledge to make informed decisions that protect dignity and independence.

### **Phase 3 – Navigating the Diagnosis Pathway and Knowing Your Rights**

Understanding how legal and healthcare systems connect and introduces key legal elements and decision-making rights. Families learn where these documents fit within the NHS and social-care framework.

### **Phase 4 – Life After Diagnosis: Routines, Wellbeing & Home Adaptations**

We put the practical legal foundations in place while capacity remains and day-to-day planning.

### **Phase 5 – Understanding Dementia in the Brain and Daily Life**

Discover what's happening in the brain and why different dementia types behave differently. The Launex Dementia Brain Map™ links brain changes to everyday experiences, so families can recognise symptoms with empathy and respond in ways that bring calm and confidence.

### **Phase 6 – Dementia Progression Explained**

Families see how dementia types move through its stages and why each person's journey looks different. Recognise patterns of change, understand how behaviour, perception and communication evolve.

### **Phase 7 – Behaviour Changes: Calm Responses to Anger, Wandering & Repetition**

Behaviour is communication. This phase shows how brain changes drive agitation, wandering, repetition and withdrawal, and teaches steady, empathy-first responses that reduce distress for the person and the family.

### **Phase 8 – Mid-Stage Transitions & Future Care**

Plan the busy middle well: adapt routines and the home, balance safety with dignity, bring in the right carers/equipment, and recognise when home support is no longer enough. Learn how to evaluate and choose care settings and prepare practically and emotionally for a smooth transition.

### **Phase 9 – Late-Stage, End-of-Life & Beyond**

Focus shifts to comfort, sensory connection and presence. Families learn what to expect physically and emotionally, how to work with professionals, and how to protect dignity through the final stage and the first days after.

## Call to Action

You do not have to figure it out alone.

✓ Download our next Torch

<https://launexltd.com/resources/torches>

✓ Start your Family Course today and gain the knowledge to support those depending on you.

Enrol directly at:

<https://launexltd.com/courses/dementia-care-course/>

✓ Every situation is unique. For tailored guidance and support, book a personal coaching session:

 coaching@launexltd.com

Read more about coaching here:

<https://launexltd.com/launex-coaching/coaching-overview/>

View our current coaching rates:

<https://launexltd.com/launex-coaching/launex-coaching-rates/>

✓ Free Membership Invitation

Join the *Launex Dementia Support Membership* — Free

Gain access to our Support Library, exclusive tools, and community Q&A designed to help families navigate dementia care with confidence.

Sign up for free today at:

<https://launexltd.com/memberships/dementia-support/>

✓ Upgrade to the Launex Coaching Membership

For families and carers who want personal guidance, the Coaching Membership offers discounted one-to-one sessions, group coaching, and early access to new courses and events.

Learn more or join at:

<https://launexltd.com/memberships/launex-coaching-membership/>

✓ For more information, email [info@launexltd.com](mailto:info@launexltd.com) or visit <https://launexltd.com> to learn more.